

# Prisons: To Torture or To Help?

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# United States



# Norway



# What improvements can be done?

- Encourage inmates to develop marketable job skills
- Build a “school district” within the federal prison system.
- Prioritize mental health treatment for inmates
- Ensure inmates receive appropriate substance abuse treatment
- Equip inmates with information and resources as they return to the community

# Is it effective?

- According to Bureau of Justice Statistic, The United states has a reincarceration rate of **76.6%**
- Versus Norway which has a rate of **20%**
- Norway's incarceration rate is 72 per every 100,000 people compared to America's 693 per 100,000 people

# Cost

- Programs decrease the reincarceration rate, decreasing the prison population
- Less money is needed to operate
- In conclusion, the benefits of implementing and enforcing prison rehabilitation programs vastly outweigh the costs

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